### URBANE WÄLDER, LEIPZIG 22nd – 23nd October 2018

# The Benefits of Urban Forests Prof. Dr. Alan J Simson

Professor of Landscape Architecture + Urban Forestry



International Committee European Forum of Urban Forestry

## Summary...

- Trees in Cities
- Current Urban Issues
- The Emergence of Urban Forestry
- The Benefits of Urban Forestry
- The Importance of Delivery
- The Benefits of an Urban Forest approach in action...

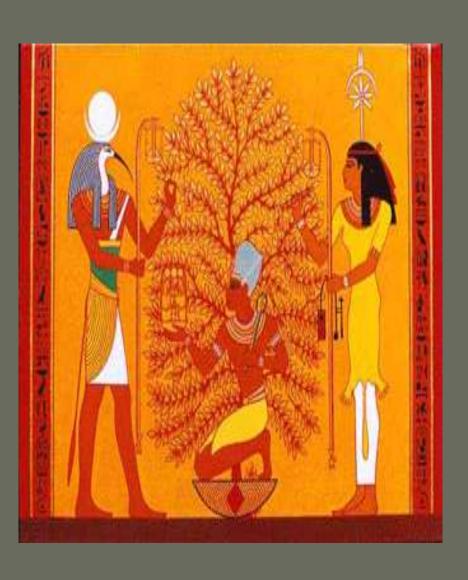
## Change is now the norm...

- Let's plant a thought. We live in a time when it seems as if almost anything could happen...
- Technology, ecosystems, politics, economies, our everyday habits; change is ubiquitous...
- Some change is positive, some less so.
   Mutability is something we are learning to live and work with...

### But thinking of positive change...

- Humans have had a long, deep, cultural relationship with their trees, their woodlands and their landscapes - a relationship that transcends national cultures, and which sits as an equal alongside our scientific, economic, ecological and spiritual relationships...
- Urban Forestry has, arguably, done much to start rekindling this relationship, as it is an optimistic scenario that is always looking forward to the future, and strives for our urban futures to be happy, healthy, creative and successful...

# Trees in Cities...













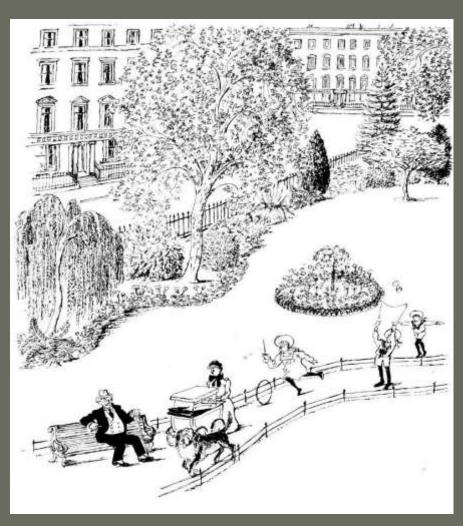


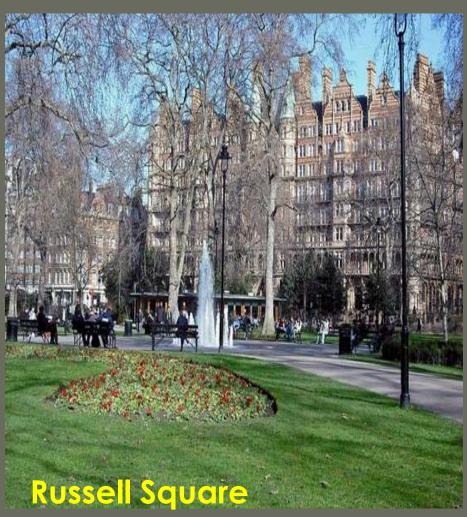
# Pall Mall





# London Squares – rus in urbe

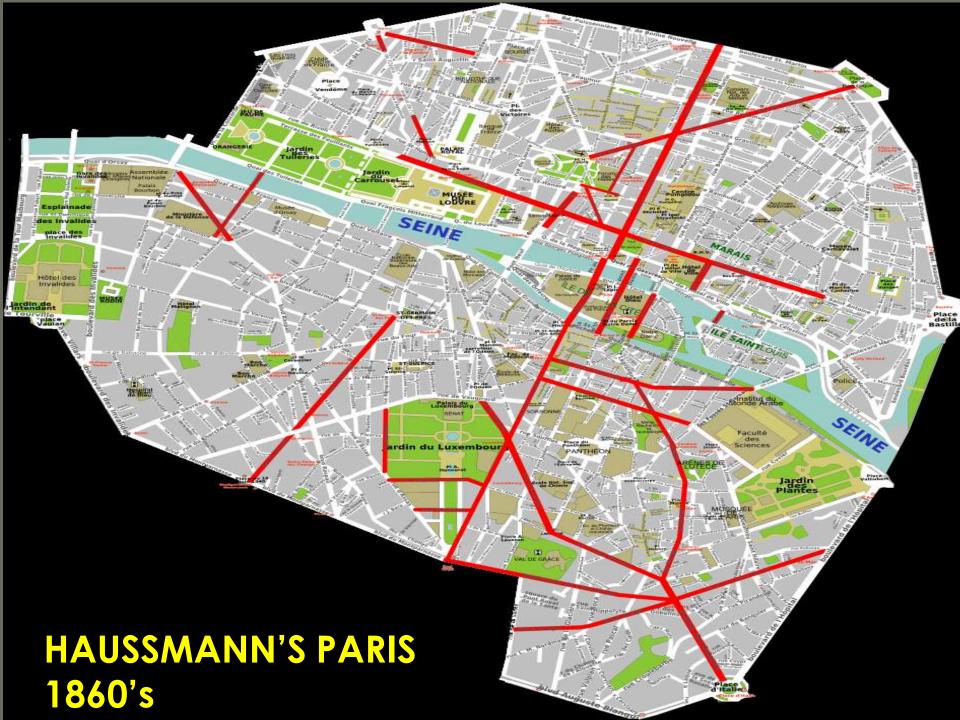




# Key dates...

- 1800 idea of 'trees in the city' getting acceptable
- 1817 General Paving Act
- 1820 more than 40 squares in London
- 1851 Britain an urban population for the first time
- 1853 Street trees planted in Chelsea
- 1855 Parliament passed the Metropolis Management Act, which created the Metropolitan Board of Works
- Many new streets created / improved to relieve traffic congestion, including Northumberland Avenue, The Embankment, etc...
- End of the 19<sup>th</sup> century, street trees 'almost routine'.







# c.19<sup>th</sup> [Quaker] Industrial Philanthropists...

- Cadbury Bournville
- Lever Port Sunlight
- Owen New Lanark
- Iron-mad Wilkinson Broseley/Ironbridge
- Abraham Darby I Coalbrookdale/Ironbridge
- Abraham Darby II Coalbrookdale/Ironbridge
- Abraham Darby III Coalbrookdale/Ironbridge
- etc...

...The presence of trees is pleasant to the eye, refreshes the workers and improves the health of the district.

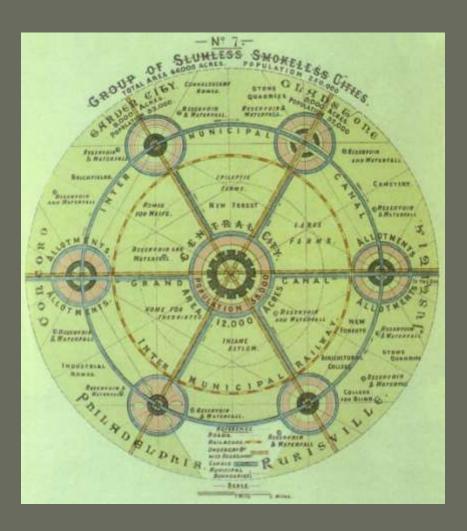
Robert Owen, New Lanark 1816.

• September 1901: The City of the Future Conference, Birmingham.

Chaired by George Bournville

First such conference in the world...

# Letchworth Garden City 1903

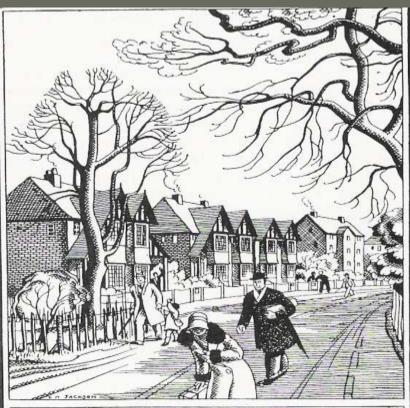




## Inter-war developments...

Trees on suburban estates...

- Acacia Avenue
- Hawthorn Road
- Cherry Tree Avenue
- Lime Grove
- etc...



#### Why not live at Hounslow?

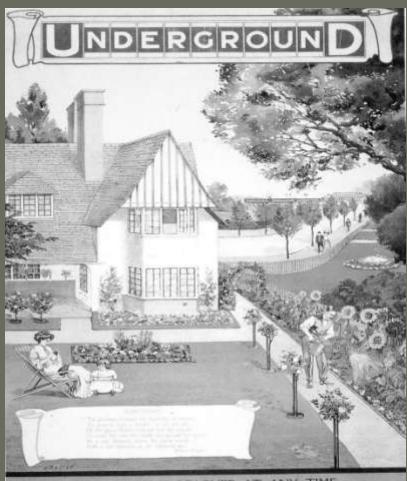
Freehold houses, large gardens, garages: those are the homes. Frequent fast trains to town from three stations: that is the service. 42 minutes to Charing Cross. 47 minutes to Mansion House.

SEASONS

Charing Cross Mansion House 1 Month 3 Months 27/- 75/-31/- 85/-

UNDERGROUND

M1/85/29



THE SOONEST REACHED AT ANY TIME

#### GOLDERS GREEN

THENDON AND FINCHLEY

A PLACE OF DELIGHTFUL PROSPECTS

## Telford – the Forest City...



- The Development Corporation acknowledged that the 'urban forest' was structural, and not merely an adjunct to development...
- Over 6.5 million trees planted
- 138 tree species / cultivars
- 17% tree cover [England average 10.8%]
- KPMG acknowledged that Teford's 'designed green environment' contributed to its 'Rising Star' status.

### Current Urban Issues...





#### Urban sprawl in Europe

The ignored challenge







- Mainland European population falling
- Growing affluence
- More space / privacy wanted
- New car registrations more than 4 X the registration of births
- More space for new development is required
   NOW...

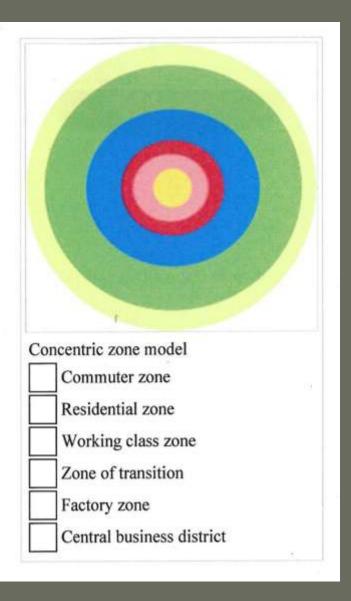


## The Sprawling City...



- Low residential density
- Unlimited outward extensions
- Spatial segregation of different types of land use
- Leapfrog development
- No centralised ownership or planning
- Transport dominated by private cars
- Fragmented governance
- Variety in fiscal capacity of government
- Commercial strip development
- Difficulty in providing started homes, etc.
- Most trees in private ownership

## The Compact City...



- High residential + employment densities
- Mixture of land uses
- Fine grain of land uses
- Increased social + economic interactions
- Contiguous development
- Contained urban development
- Urban Infrastructure
- Multimodal Transportation
- High degrees of accessibility, street connectivity, impervious surfaces
- Low open space ratio
- Unitary Control of Planning
- Fiscal capacity to finance urban facilities + infrastructure

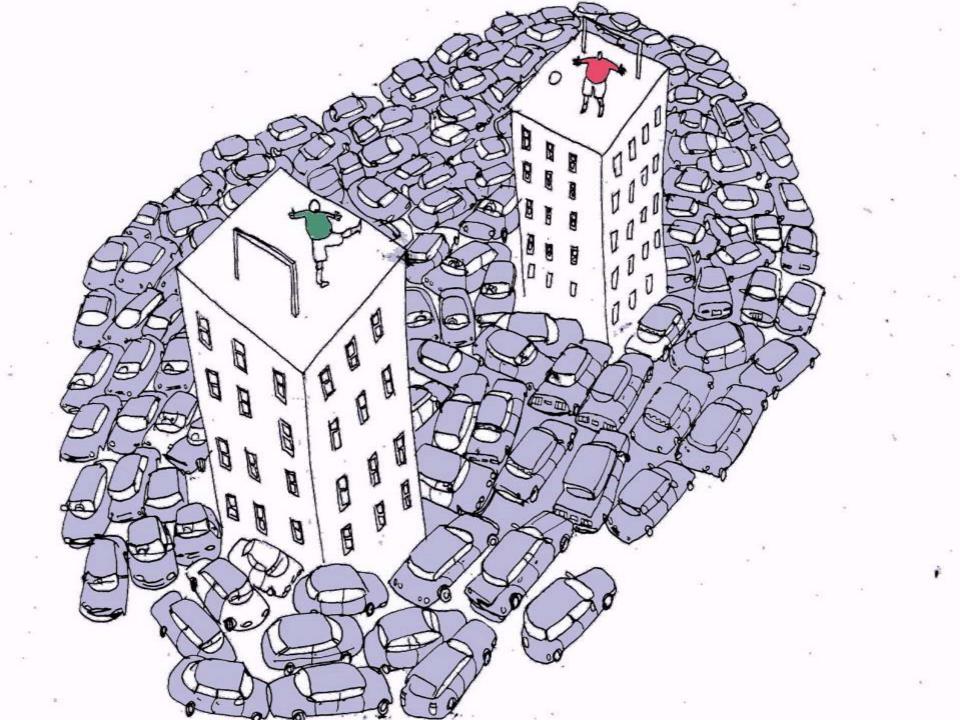
## The Compact City Paradox...

 For a city to be sustainable, functions and population must be concentrated at higher densities, but...

a city must be worth living in...

# What makes a liveable city in the 21st century?...

- Energy
- Food
- Water
- Transport
- Jobs / Development
- Retail
- Telecommunications
- Public services
- Emergency Services
- Health
- Finance



### What makes a really liveable city?

- It includes, but is not limited to...
  - Access to daylight and sunlight
  - Potential for good health and well-being
  - The opportunity to walk unimpeded
  - A sense of personal safety
  - Ready access to art, music, culture...
  - The availability of fresh food + clean water
  - Proximity to friends
  - Ready access to trees, woods and parks

# The Challenges facing our Cities...

#### Globalisation...

- Great economic + social change
- Industrial educated economy
- Global competition
- Accelerating social + geographical mobility

#### Social Exclusion...

- Growing exclusion
- Unemployment / Poverty
- Especially vulnerable groups / plurality
- Segregated Cities

#### • Urban Governance...

- Increasing demands on cities
- A need for new urban management approaches
- Challenge of local democracy

#### Urban Environment...

- Environmental + sustainability problems
- Climate [weather]change
- Challenges to lifestyles + mobility
- Cultural heritage assets
- Loss of Biodiversity
- Impact upon the 'Natural World'
- Be Resilient did we miss our chance of just being Sustainable…?

# The benefits of Urban Forestry - beginnings in Europe

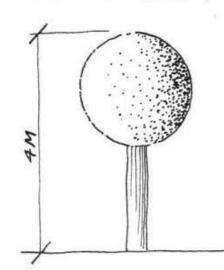
- Originated in the USA in the 1960's and 70's
- European version of Urban Forestry secured under COST Action E12 Urban Forests and Trees: 1997-2002
- EU recognise Urban Forestry as a 'Specific Scientific Domain'
- 1998: European Forum of Urban Forestry was launched in Wuppertal.
- 2012 : EFUF held in Leipzig
- 2019: EFUF being held in Köln 22<sup>nd</sup> 25<sup>th</sup> May

### But there is still much work to do...

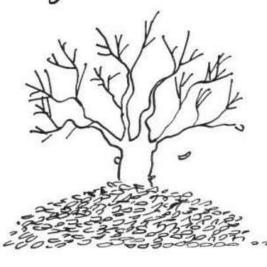




THE TREE, as seen by ...







THE PARKS DEPT ...



THE PUBLISHER ...



THE HIGHWAYS DEPT ...



THE DEVELOPER ...



THE LANDSCAPE DESIGNER.



### So what is Urban Forestry...an oxymoron?... NO!

Although the words 'forest' and 'forestry'
are now generally understood to be
connected with trees, this used not to be
the case. It can be argued that the word
'forest' stems from the Latin word 'foris',
which means 'out of doors'\*.

• Thus the urban forest is really the 'urban out of doors', and includes all urban green space in and around our towns and cities.

\*Alexander Porteous (1928) The Forest in Folklaw and Mythology.

#### Benefits of the Urban Forest...

• Economic

Financial

Environmental

Social, Health & Well-being

#### Economic...

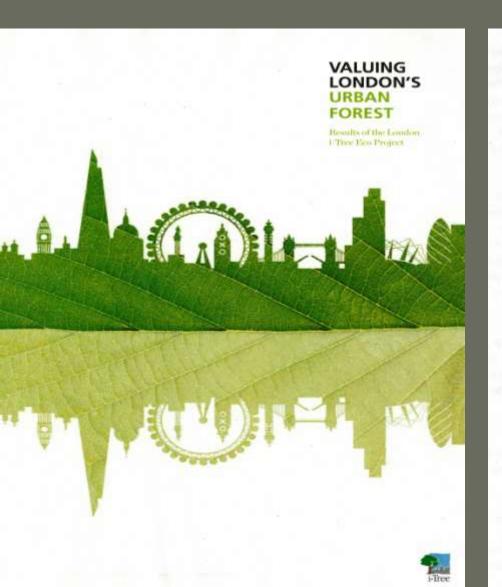
- Urban trees can increase property values by 7 18%
   the larger they grow, the value grows proportionally;
- They can assist in creating a 'destination of choice' for investment, as well as for tourists / visitors;
- They can improve the environmental performance of buildings by reducing heating and cooling costs;
- Sites with mature trees can be worth more as development sites;

#### Economic continued...

 Trees can create a positive perception of place for potential property buyers/investors;

• Urban trees improve the health of local populations, reducing health costs.

### Financial...



London's Urban Forest - Key Statistics				
Number of Titles	Inner London	1,587	1,587,000	
	Outer London	6,834,000		8,421,000
Tree Cover	InnerLondon	13%		14%
	Outer London	14%		
Canopy Cover	Inner London	18%		21%
	Outer London	21%		
Most Common Species	Inner London	Birch, Lime, Apple		
	Outer London	Sycamore, Galk, Hawthon		m
Follution Removal (per annum)	Inner London	561 tonnes	£58 million	£126.1 Million
	Outer Landon	1680 tonnes	£68,1 million	
Stormwater Alleviation (per annum)	Inner London	705,000m³	£568,935	£2.8 Million
	Outer London	2,709,000m²	£2.2 million	
Carbon Storage (whole value)	inner London	499,000 tonnes	£30.9 million	£146.9 Million
	Outer London	1,868,000 tonnes	£116 million	
Carbon Sequestration (per annum)	Inner London	15,900 tonnes	£987,000	£4.79 Million
	Outer London	61,300 tonnes	£3.8 million	
Building Energy Savings (per annum)	Inner London	£223,000		£260,600.00
	Outer London	£37,600		
Building Avoided Carbon Emissions (per annum)	Inner London	£23,600		£54,600
	Outer London	£31,000		
Replacement Cost (whole value)	Inner London	£1.35 Billion		£6.12 Billion
	Outer London	£4.77 Billion		
Amenity Value (CAVAT) (whole value)	Inner London	£17.6 Billion		£43.3 Billion
	Outer London	£25,7 Billion		
TOTAL ANNUAL BENEFITS	Inner London	E59.54 Million		£132.7 Million
	Outer London	£73.16 Million		

## Environmental – addressing climate change...

- Urban trees reduce the urban heat island effect through evapotranspiration;
- They provide shade, thus making buildings & streets cooler and more people-friendly in summer [up to 8°C] – and more retail friendly too;
- They assist in removing dust & particles from the air;

#### Environmental continued...

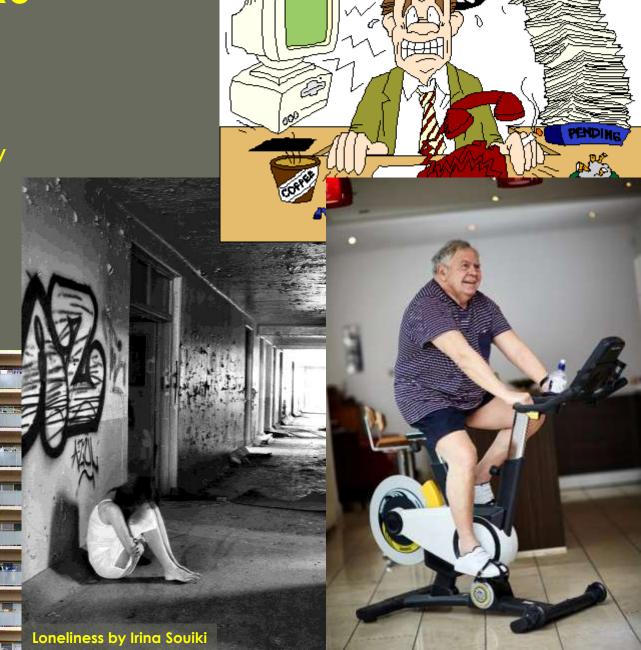
- They slow the rate at which precipitation reaches the ground [by up to 36%, which can help to reduce the effects of flash flooding]
- Good tree-pit design can absorb 25mm rainfall.
- They help reduce wind speeds;
- Trees help to reduce traffic noise by absorbing & deflecting sound;
- They increase biodiversity and 'nature in the city'
- Can help prevent cancers

#### Social, Health & Well-being...

- Trees help to create a sense of place & local identity;
- They increase pride in the local area;
- They create focal points & landmarks
- They have a positive impact on people's physical & mental health;
- They have a positive impact on crime reduction.

#### **RISK FACTORS**

- > Stress
- > Loneliness
- > Physical inactivity
- Urban living



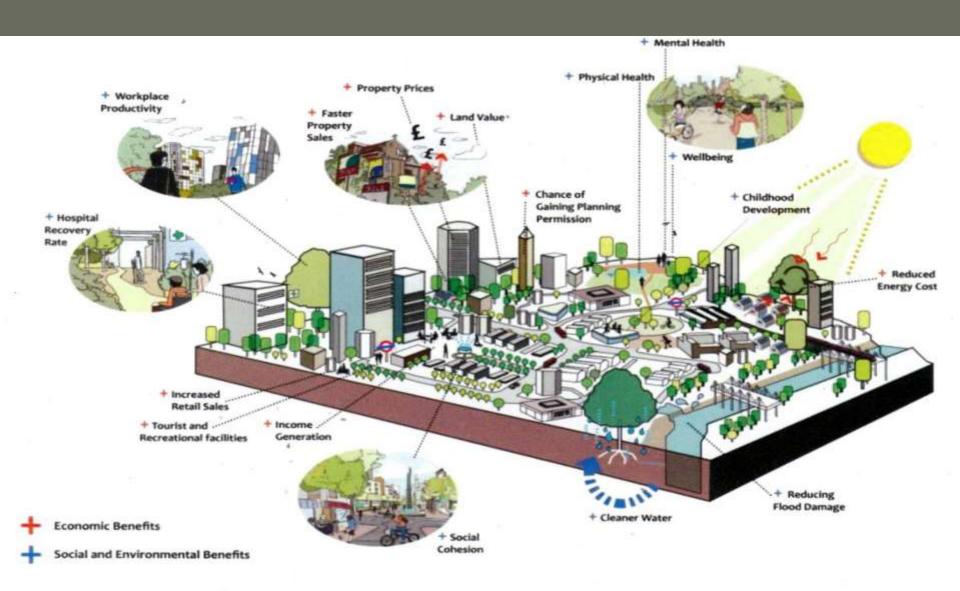
#### People from the countryside cope better with stress



#### Human Health Issues in the City...

- Stress/mental health & NCD's
- Unipolar Depressive Disorders
- Lower respiratory infections
- Ischaemic heart disease
- Cerebrovascular disease
- Prematurity & low birth weights
- Birth asphyxia & birth trauma
- Neonatal infections
- Hearing loss
- Diabetes
- Cancers [especially from diesel fumes]

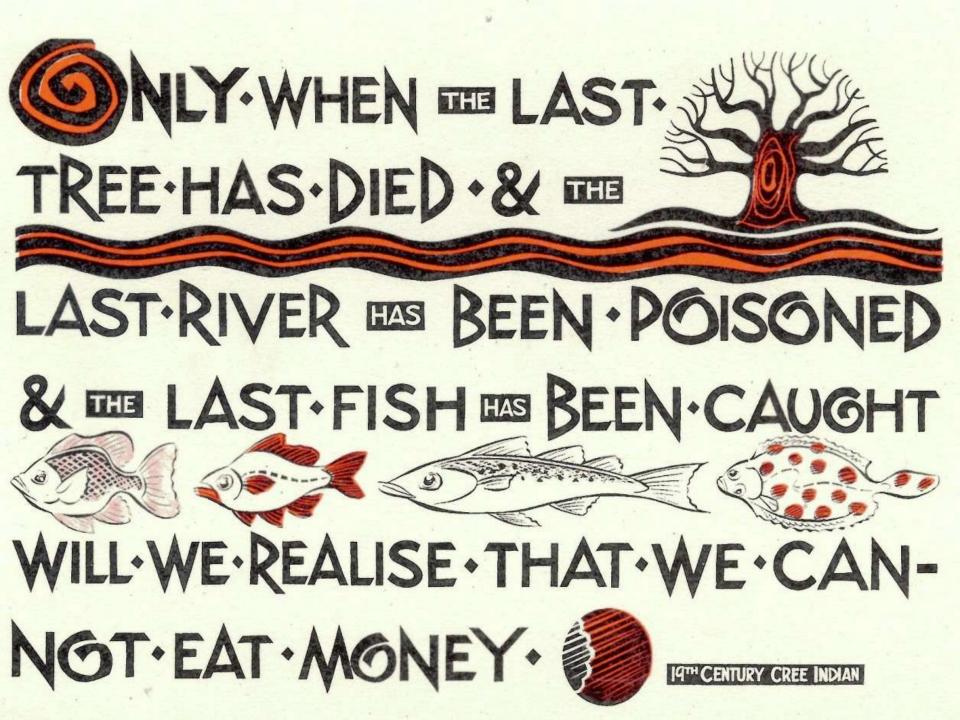
#### The benefits of the urban forest...



• "Without data, you're just another person with an opinion" W. Edwards Deming.

# Increasingly sophisticated research into urban forestry shows us that urban trees influence our lives and the places where we live, love and work in many ways by:

- Improving our health & well-being
- Improving learning
- Increasing property values
- Providing focal points to improve social cohesion
- Improving air quality
- Offsetting carbon emissions
- Promoting biodiversity and nature in the city
- Limiting the risk of flooding
- Cooling our towns & cities
- Promoting inward investment & job creation
- Making us drive more safely

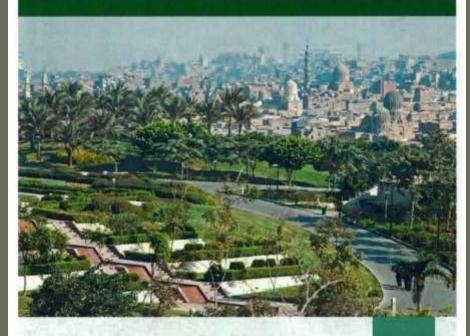


 "Not everything that can be counted counts, and not everything that counts can be counted." Einstein





#### Guidelines on urban and peri-urban forestry



FAO. FORESTRY DAPER

178



Food and Agriculture Organization of the United Nations

thin one towersy/uniconsens



### The Importance of Delivery - the UN's New Urban Agenda



• Promotes a shared vision of:

- Sustainable and inclusive urban prosperity
- Opportunities for all
- Environmentally sustainable and resilient urban development.
- Urban Forestry can help to deliver this...

### Tree Pests + Diseases : Already in the UK..

- Acute Oak Decline
- Asian Longhorn Beetle
- Bleeding Canker (Horse Chestnuts)
- Canker Stain of Plane
- Chalara Dieback of Ash
- Dothistroma needle Blight [Red Band Needle Blight]
- Dutch Elm Disease
- Great Spruce Bark Beetle
- Horse Chestnut Leaf Minor
- Oak Pinhole Borer
- Oak Processionary Moth
- Phytophthora [at least 4 of them]
- Pine Tree Lapet Moth

#### More on the way??..

- Citrus Longhorn Beetle
- Eight-Toothed European Spruce Bark Beetle
- Emerald Ash Borer
- Pinewood Nematode
- Bronze Birch Borer
- etc......\$\$\$













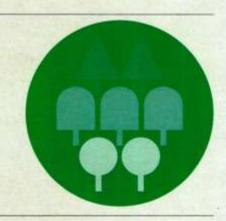
#### RECOMBINANT ECOLOGY...

 A relatively new field of ecology that acknowledges that, like it or not, non-indigenous flora and fauna do and will have roles and functions in the natural processes of our emerging future landscapes, particularly our urban landscapes.

### Criteria for the acceptable use of non-indigenous tree species...

- The introduced species must....
  - be adapted to the site conditions & climate
  - be able to create humus
  - be ecologically integrated into the indigenous flora & fauna
  - be able to regenerate naturally
  - not introduce disease to other species
  - not be susceptible to any abnormal risk of being attached by disease
  - be able to be managed on an uneven-aged basis.
- If it ticks all the above, plant it!
- Prof. Dr. H J Otto. Head of Silviculture, Lower Saxony.

#### Species Selection for Green Infrastructure



### A Guide for Specifiers



SPONSOR LOGO SPONSOR

SPONSOR

Draft Version 29.06.2017

### 280 tree species...pros & cons



#### Acer campestre (Field maple)





Mature Size Environmental Tolerance

Back to Tree Selector

O Grown

O Crown Density Ornamental Qualities

Use-potential







Tree size and crown characteristics



Mature height is typically <15 m but exceptionally may reach 20m.



Natural crown form is typically globutar. Some cultivars provide alternative forms.



Forms a dense crown.

Example of planting Acer campestre tree Westonbirt.jpg

Natural habitat



Occurs naturally in most of continental Europe (except Nordic countries) and parts of western Asia and north Africa. Can be found as an understorey tree, woodland edge species as well as an open grown tree on lower hillsides, plains, steppes (margins) and riverbanks. It commonly grows as a shrub in thickets. Prefers neutral to alkaline soils.

Environmental Tolerance



Moderately tolerant to shade.



Moderately tolerant to drought.



Moderately sensitive to waterlogging.

Ornamental qualities



Light green flowers borne in upright clusters in late spring. Fairly inconspicuous.



Samara fruits meturing in late summer.

Deciduous broadleaf tree. Simple, five-fobed leaves that turn a golden colour in autumn.







Single stemmed or as a multi-stemmed shrub with a grey-brown corky bark, vertically fissured on mature stems.

Issues to be aware of

Add text



Add text

Few problems associated with the species.

**Notable varieties** 

Natural form 'Elariik'. Narrow crown 'Baronne', 'Green column' Add text Add text Add text Add text

Notes: Add text acerferunt, optaturemqui pmnissus. Alitagui to ma alicienia audigen imuscillaude quatibus. nost volestia quamust otatiam et dolestrum as mi, sunt lab imporatiis acimi, odipici atecta cuscietus, optasse eum laborei cienditibus, si se sum eaque late.



@ Image provider, used with permission

Species Selection Guide

#### Effective Urban Forestry ...1

- Increase the quantity of trees in order to increase the filtering capacity;
- Healthy trees that are growing well have the biggest effect – therefore ensure good growing conditions;
- Make sure that trees are able to grow to maturity;
- Select tree species that will adapt well to city surroundings & which preferably need little maintenance;
- Make sure there is sufficient species variation in order to efficiently capture the full cocktail of pollution;

#### Effective Urban Forestry...2

- Use conifers [preferably evergreens] for the effective capture of particulates throughout the year;
- Alternatively, use deciduous trees with coarse, hairy leaves for capturing particulates;
- Use deciduous trees with flat, broad leaves for the effective absorption of NO<sup>2</sup> & ozone;
- Don't use any species of tree that is sensitive to air pollution;
- Limit the use of trees which release a lot of VOC's & minimise large scale planting of these in order not to stimulate the production of summer smog.



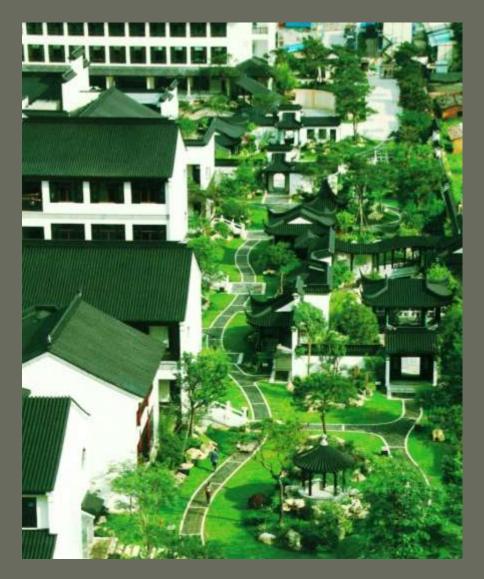
The best way of foretelling the future is to create it...we have to design resilient communities that are 'ready for anything'...

The Benefits of an Urban
 Forestry approach in action...





## Zhuhai





### MALMÖ'S URBAN FOREST...

 Over 60,000 trees have been planted throughout the city;

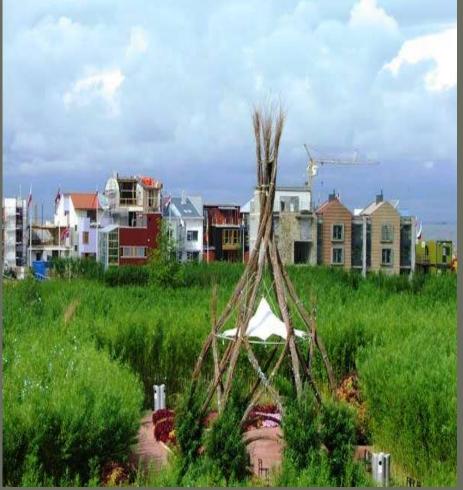
 It is a resilient urban forest – having one of the most varied populations of tree species in northern Europe;

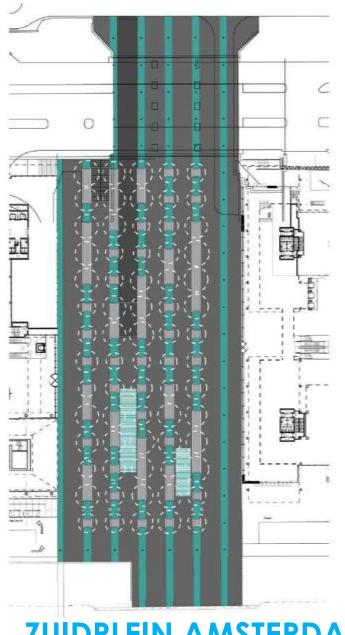
Voted European City of Trees in 2009













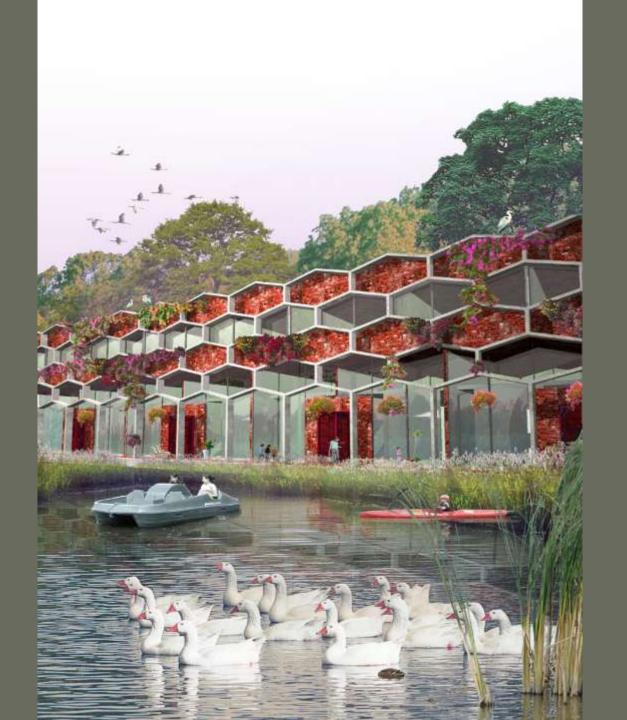


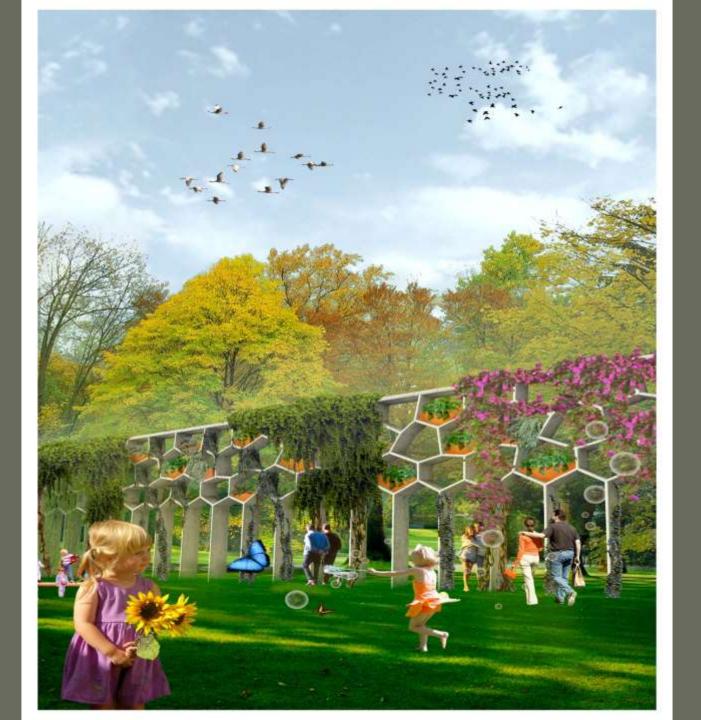


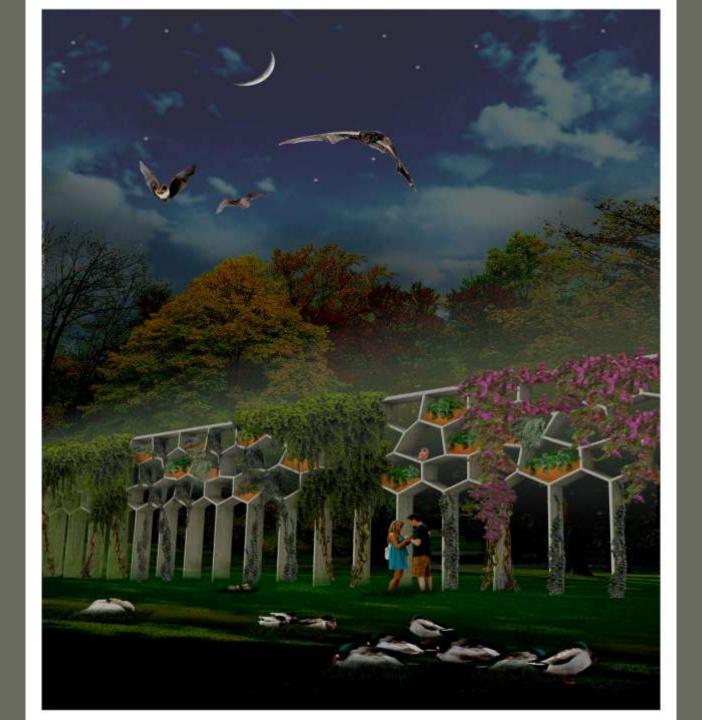






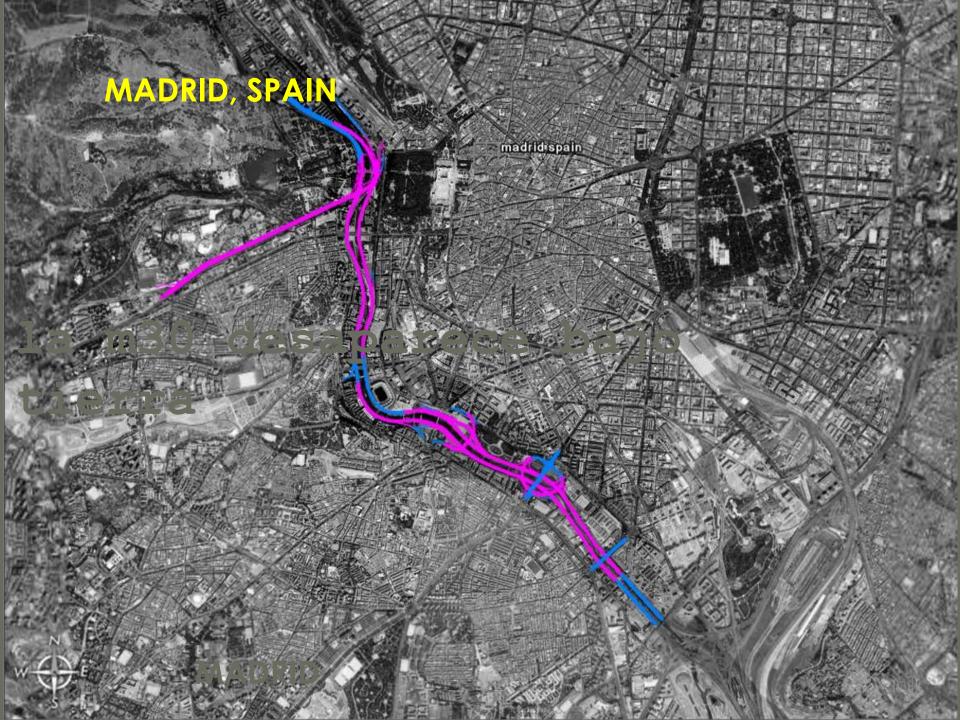


































#### A new Northern Forest

The Woodland Trust is working with the Community Forests in the north of England to develop plans for a new Northern Forest stretching from Liverpool across to Hull, with the M62 as its spine.



years



trees

Working with a wide range of partners, we will set out how a new Northern Forest will deliver major environmental and social benefits that complement the significant growth, investment and new infrastructure that is planned for the north of England. This will. embrace the core cities of Liverpool, Manchester, Sheffield and Leeds, the cities of Chester and Hull and major towns across the north.

The Northern Forest will both accelerate the creation of new woodland and support sustainable management of existing woods right across the area. Many more trees, woods and forests will deliver a better environment for all by: improving air quality in our towns and cities; mitigating flood risk in key catchments; supporting the rural economy though tourism, recreation and timber production; connecting people with nature; and helping to deliver improvements to health and wellbeing through welcoming and accessible local green spaces.

### Our area is changing - we need to respond

With below average woodland cover, but above average ambition, the North of England is perfectly placed to leverage huge value from renewed investment in community forests.

in the next 20 years

new homes planned for the Northern Forest area

7.6%



UK average = 13%

EU average = 44%

The area has an abundance of transport infrastructure, with key gateways served by

plus a new unified transport body, Transport for the North >£75bn

infrastructure investment planned over the next 25 years

1 million companies help the area generate over

(that's 18% of England's GDP)

# 'We will also draw upon the existing network of forests in and around our largest towns and cities under England's Community Forest programme'... DEFRA



A Green Future: Our 25 Year Plan to Improve the Environment



25 Year Environment Plan

#### Focusing on woodland to maximise its many benefits

We will increase tree planting by creating new forests, and incentivising extra planting on private and the least productive agricultural land, where appropriate. This will support our ambition to plant 11m trees.

We will take the opportunities of other landscape scale interventions, including when scoping a Nature Recovery Network, to drive extensive woodland planting while enhancing our distinctive landscapes. We will also work with industry and support Grown in Britain to increase the amount of home grown timber used in England in construction, creating a conveyor belt of locked-in carbon in our homes and buildings. A wide range of economic and environmental benefits will flow from commercial afforestation to meet the growing demand for timber.

We will not focus solely on planting, however; we will also support increased protection of existing trees and forests. Pests and diseases threaten the wide range of benefits we derive from trees and plants. We want to make sure our trees can withstand future threats.

Beyond the economic benefits, the Government recognises the significant heritage value and irreplaceable character of ancient woodland and veteran trees. We are committed to ensuring stronger protection of our ancient woodlands, making sure they are sustainably managed to provide a wide range of social, environmental, societal and economic benefits.

#### Supporting the development of a new Northern Forest

We will support the planting of a forest that crosses the country in a belt of trees, using the M62 corridor as its spine. With £5.7 million of government funding, we will support the existing partnership of the Community Forests and the Woodland Trust to accelerate and further develop the Northern Forest. This will deliver accessible community woodland to a large swathe of England and at the same time help us to meet our statutory carbon budget requirements. This area has an increasing population, meaning that future generations will benefit from this new forest.



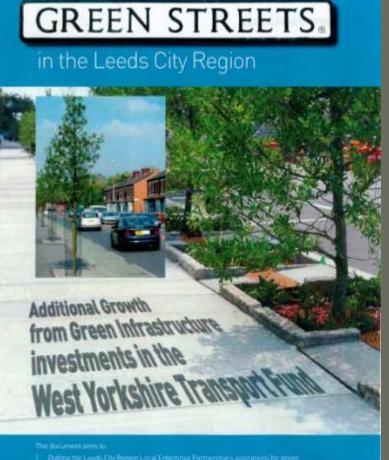
Looking up into the crown of an Ash tree (Photo Forestry Commission / Isobel Cameron)

We will make sure that landowners, farmers and key forestry stakeholders help lead the work, and that it balances the various environmental, social and economic benefits of forestry. We will explore the best use of innovative forms of private sector finance, including philanthropic, social and commercial investment.

## Proposed Trees in the Northern Forest...

- Hills & Moorlands: 11.3 million
- Farmland & Lowland Areas (inc. Natural Flood Management): 26.1 mill.
- Urban Fringes: 5.3 million
- Towns & Cities: 7.3 million

### Green Streets will include...



 Street Trees [the right tree planted in the right place in the right way for the right reasons]

Other Tree Planting

Rain Gardens

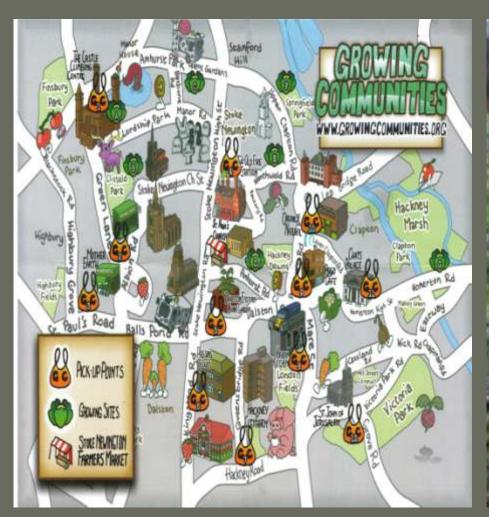
Green Roofs and Walls

Urban Orchards

Natural Habitats

Green Ways

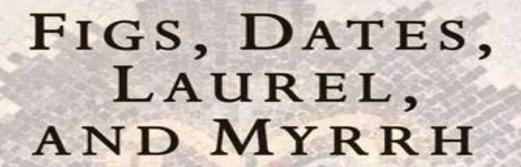
## Orchards / Production...





## Working with local people...







Plants of the Bible and the Quran

LYTTON JOHN MUSSELMAN

Foreword by
GARRISON KEILLOR





## The essence of the Green Streets approach...

 Go to the people, live with them, learn from them. Start with what they know; build with what they have.

But with the best leaders, when the work is done – the task accomplished, the people will say...

'We have done this ourselves'

### To conclude...there are no more new frontiers – we have got to make it here. Thus...

The Benefits delivered by an Urban Forestry approach demand that trees in the public realm receive much better trans-disciplinary design and structure planning so that the quality and resilience of our towns and cities is significantly improved by gaining more viable urban

habitats than now exist...





 We must plant more trees in and around our towns and cities to connect, define and green our Poly-Centric City Regions – the right tree, in the right place, for the right reasons – and not be afraid of geometry...





 This must be part of a belief in the value and importance of our plural city regions as a nucleus of our culture, together with a more radical approach to post-industrialism and natural processes – such as can be found in the concept of Urban Foresty...





## As Urban Foresters, we need to remember that...

• The future is not some place we are going to, but one we are creating. The paths are not to be found but made, and the activity of making them changes both the maker and the destinations.





